



2024 ONTARIO LIFEGUARD CHAMPIONSHIPS

Registration Package

*The Lifesaving Society invites you to the Ontario Lifeguard Championships
hosted by the Town of Essex*

DATE February 17, 2024

LOCATION **Essex Recreation Complex: 242 Talbot Street North, Essex, ON**

From London and Toronto, drive west on Highway 401 until you reach exit 34 for Belle River Rd (County Rd 27). Turn right onto County Rd 8. At the roundabout, take the second exit to continue onto County Rd 8. At the intersection of County Rd 8 and Talbot St N, the Essex Recreation Complex will be visible to your right at 242 Talbot St N.

COMPETITION The competition is sanctioned by the Lifesaving Society. Event rules will be in accordance with the December 2023 Edition of the *ILS Competition Rule Book*, the 2019 Edition of the *Canadian Competition Manual*, the 2020 Edition of the *Ontario Competition Manual*, and any 2024 Communiqués. Go to www.lifesavingsociety.com for details.

ELIGIBILITY All competitors must hold a current (within 24 months of the date of certification) Lifesaving Society Bronze Cross or National Lifeguard certification and be a minimum of 15 years of age by February 17, 2024.

PROGRAM OF EVENTS

- **Water Rescue**
- **First aid**
- **Priority Assessment**

4-person: A team must consist of three or four competitors with any combination of males or females. Team composition must include a minimum of two competitors with current National Lifeguard certification. Team composition must remain the same for heats and finals. Please identify with a letter the group of athletes who are on the same team.

2-person: For simulated emergency response events, a team must consist of one or two competitors with any combination of males or females. Team composition must include a minimum of one competitor with current National Lifeguard certification. Team composition must remain the same for heats and finals. Please identify with a letter the group of athletes who are on the same team.

Competitors may compete on a 4-person or 2-person team only.

Registration must be received by Wednesday, February 7, 2024. Refunds will not be issued after February 7, nor will they be issued for clubs or competitors who fail to show up for the Championships.

OFFICIALS Certified lifesaving sport officials can apply for the championships using this link: <https://forms.gle/XCtrefhwUk5iWVN668>. Accommodation deadline: Wednesday February 7th

ENTRY FEES

4-person team \$225.00 includes: Water Rescue, First Aid, and Priority Assessment Events

2-person team \$125.00 includes: Water Rescue, First Aid, and Priority Assessment Events

AWARDS

Awards shall be presented to the first, second and third place teams in each event. Event winners shall be recognized as Ontario Champions.

Awards shall be presented to the first, second and third place teams in the Team Award. No gender restrictions apply.

The Ontario club with the highest overall point score shall be declared the Ontario Lifeguard Champions and presented with an award.

ACCOMMODATIONS

- Holiday Inn Express – Windsor East – Lakeshore – Amy Croft Dr.
- Super 8 – Ambassador Bridge – Windsor – Huron Church Rd.
- Comfort Inn & Suites – Ambassador Bridge – Windsor – Huron Church Rd.
- Travelodge – Windsor – Cabana Rd.

DINING IN ESSEX

- Billy's Taphouse
- Brenko's Pizza
- Chuck's Roadhouse
- Woodcraft Pizza
- Michigan Diner
- Acorn & Oak Coffee & Pastries
- Tim Hortons
- A-1 Chinese

SCHEDULE

Saturday February 17th

		Location
10:30 am	Officials Meeting	Gym 1/Stage
10:50 am	Lock-up closes First Aid	Blue Room
10:50 am	Coaches Meeting	Blue Room
11:00 am --1:30 pm	First Aid	Gym A (double gym)
1:30 pm	Opening Ceremonies	Gym A (double gym)
1:50 pm	Lock-up closes Priority Assessment	Gym A (double gym)
2:00 – 4:00 pm	Priority Assessment	Pool (Lap & Leisure Pools)
4:15 pm	Lockup closes Water Rescue	Gym A (double gym)
4:30 – 7:30 pm	Water Rescue	Pool (Lap & Leisure Pools)
8:00 pm	Awards	Gym A (double gym)

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Please use one form for each Affiliate or club (Type or BLOCK letters only).

Affiliate or Club		
Mailing address		Apt or Suite
City	Province	Postal Code
Coach Name		() Home/cell Phone
Email (that will be checked regularly in the week preceding the Championships)		() Business Phone
Note: Each completed registration must include the following forms: Registration with payment and Event Entries.		
4-person team \$225.00 includes Water Rescue, First Aid, and Priority Assessment Events	X number of teams	
2-person team \$125.00 includes; Water Rescue, First Aid, and Priority Assessment Events	X number of teams	
TOTAL AMOUNT OWING		

Payment	
<input type="checkbox"/> Cheque	<input type="checkbox"/> Money Order
<input type="checkbox"/> Visa	<input type="checkbox"/> Master Card
<input type="checkbox"/> AMEX	<input type="checkbox"/> P.O. #
Credit Card # _____	Expiry Date _____
_____	_____
Card holder name	Card holder signature

*Mail, fax or email:
 Lifesaving Society
 2024 Championship Registration
 400 Consumers Road
 Toronto, Ontario M2J 1P8
 Fax 416 490 8766
 Email sport@lifeguarding.com*

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Statement of Release

Please read carefully

1. **Conduct**

By participating, all agree to abide by the rules, regulations and code of conduct of the championship, and further to behave in a manner consistent with ideals of good sportsmanship.

2. **Voluntary Assumption of Risk**

All participants recognize that there are certain risks inherent in the activity as a result of factors including but not limited to, stress, number of people, water temperature and conditions. All participants agree they have prepared themselves for the competition and know of no factor or condition which should be disclosed to the organizers or which would make it unsafe for them to compete. All participants voluntarily assume all risks, both physical and legal including but not restricted to, loss of or damage to property, and personal injury including permanent disability or death.

3. **Waiver of Liability**

As a condition of entry and in consideration of an application as an individual or as a part of a team being accepted, all participants hereby waive their right to make any claim, whether for negligence or otherwise against the Lifesaving Society, the host, the facility operator, owner or occupier, the sponsors, the organizing committee or any of the servants, agents, affiliates, volunteers, judges, officials or other persons involved in the organization or running of the competition, events or associated activities. All participants further agree to indemnify and hold harmless all of the above, from any claim made on their behalf or as a result of injury to their person or property. All participants recognize they are responsible for their own medical coverage.

4. **Model Release**

All participants transfer to the Lifesaving Society all rights whatsoever which they have in photographs and/or videos which photographers may have taken. All participants consent to the use of the photographs/videos, the publishing of their name for all purposes whatsoever, including without limitation, television, publications, and any trade or advertising purposes.

By participating, all participants admit to have carefully read and understood the four conditions of entry and in consideration for being allowed to compete, they have executed them voluntarily intending to be bound thereby and intending these conditions to be binding of their heirs, personal representatives and assigns.

2024 ONTARIO LIFEGUARD CHAMPIONSHIPS
Team Event Entry – Simulated Emergency Response

Please use one form for each team.

Affiliate or Club: _____

Coach: _____

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Competitors are allowed to enter each event only once. Competitors may compete on 4-person or 2-person teams.

PLEASE PRINT CLEARLY.

<i>Competitor Name & Gender (as identifies)</i>		<i>Registered Athlete Number</i>	<i>Date of Birth (yy/mm/dd) (ensure correct order)</i>	<i>First Aid</i>	<i>Water Rescue</i>	<i>Priority Assessment</i>	<i>Total events</i>
<i>Jane Smith</i>	M F		<i>01/09/25</i>	<i>A</i>	<i>B</i>	<i>A</i>	<i>3</i>
	M F						
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